

## **ADDITIONS to the invitation in red:**

### **Saturday 8 June 2024**

Classic distance as 7<sup>th</sup> World Cup event and 3<sup>rd</sup> Lapua Cup event. World Cup points are awarded in the D/H 21 classes.

Competition classes are: H (men, M), D (women, W), H40, D40, H50, D50, H60, D60, **H70, D70**, H14, D14, H16, D16, H18, D18 and Beginners.

**Classes H14, D14, H16, D16, H70 and D70 have a shortened location orienteering. Classes H70, D70 and Beginners are not Lapua Cup classes.**

**Classes H14, D14, H16, D16 prone shooting on small targets, class 14 may use shooting support.**

Adjustment shooting on paper targets start at 11:00 am.

### **Sunday 9 June 2024**

#### **Morning**

Competition classes are: H, D, H35, H40, H45, H50, D50, H55, H60, H65, H70, H75, **H14, D14**, H16, D16, H18, D18, H20, D20 D18 and Beginners.

Sprint for classes D/H 21 as 8<sup>th</sup> World Cup event, 4<sup>th</sup> Lapua Cup event and as RESUL Championships (The Finnish Reservist Sports Federation). IBOF rules will apply.

**Sprint also for classes H14, D14, H16, D16. These classes will do prone shooting on small targets, class 14 may use shooting support.**

All other classes compete according to RESUL's rules for the *individual distance*. The competition is the 4<sup>th</sup> event in the Lapua Cup and the RESUL Individual Championships.

**The organizer will make result lists according to Lapua Cup competition classes - H/D14, H/D16, H/D18, H/D21, H/D40, H/D50, H/D60.**

**RESUL individual competition course: run 300m – 5 shots prone shooting – run 300m – 5 shots prone shooting – orientation 40 minutes – 5 shots standing – run 300m – 5 shots standing – run to finish. For every missed target a one minute penalty time is awarded.**

Adjustment shooting on paper targets starts at 9:00 am.

#### **Afternoon**

Relay (sprint) with two runners as RESUL Championship and open competition. Competition classes in Sunday, relay: H, D, H/D80, H/D100, H/D120, H140, **H/D14**, H/D16, H/D18

**One leg of the relay: Run 300m - prone shooting 5 shots – possible penalty loops - orienteering approx. 20 min - standing 5 shots - possible penalty loops – change over to second runner who runs to the finish once the leg is accomplished.**

The competition organizer reserves the right to merge classes if there are few participants. Those who register to classes H35, H20 and D20 will not earn Lapua Cup points.